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Bellary Gurupujas

Discourse 2 by Master K.Parvathi Kumar (27th Sep, 2015)

In this Gurupujas, on the 2nd day, we have gathered early in the morning for Master CVV prayer and gained his presence through it. My hearty fraternal greetings to the brotherhood. Today we began with Ganapati Puja followed for prayer. So the worship happened for almost 90 minutes. If this can be continued every day in this manner, it results in very effective transformation of personality.

Morning Prayer is very important because it shows your preparedness, intent and aspiration in Master Yoga. Once Master is pleased by your aspiration and accepts you, he will not leave you even if you want to leave. There is no freewill to go out of this Yoga once you are accepted. That is what Master CVV promised. So the only way to proceed is keep increasing the taste that one has towards the path. As the taste increases, the prayers become intense and even participation in Master's activities also increases.

Yesterday we discussed a lot about self-study and how one should continuously review one's personality. Generally personality does not follow our instructions. We might think one but end up doing something else because the personality is not trained. It needs to be trained just like training a bull or a horse. In the astrological cycle, each sun sign is associated with some animal. We have the ram for Aries. Then we have the bull for Taurus and so on. These animal instincts are present in our personality. We need to train them well so that they do what we want them to do. They should be become our vehicles just like Gods have certain animals as their vehicles.

Lion represents Leo and it has the negative shade of pride. People in Leo may suffer from pride. Then problem of personality in Virgo is personal intelligence. If intelligence is not associated with good qualities, it is very dangerous. Good qualities are Divine wealth. Intelligence with Divine wealth can do wonders. That is why in Virgo, we are instructed to keep our mind pure. Virgin mind means a clean mind without any impure thoughts. If the mind is not virgin, the intelligence is crooked. It looks for ways of earning money without making effort. It keeps talking unnecessarily and bragging about oneself. Such a one remains with others when there are no problems but when problems are faced by others, he disappears. Mercury presides over Virgo. He talks and acts through his intelligence but both not really useful. If Mercury is supported by Jupiter, then his talks inspire many. If Mercury is supported by Saturn, then his acts are very helpful.

Then we have Libra. Libra has the problem of wanting too many things. Such a person wants to own everything which he sees to be special. Its nature is like a Tiger. Tiger kills even if it is not hungry. Similarly we have dominant Libra people who try to own things which are not necessary. They eat even when are not hungry. We have the symbolism of Divine Mother sitting on a tiger. So by worship of the Divine Mother, we can overcome this tiger nature. Then we have Sagittarius. People in Sagittarius may suffer from vulture nature. They try to depend on others and gain benefits from them.

So in this manner, in all the sun signs, there are animal instincts or negative shades which we should try to eliminate by checking on them. Then all these animals become vehicles to us and start cooperating with us. Then animal nature gradually transforms to Divine nature. In every sign, there is Divine nature as well as animal nature. The influence of the 12 signs in on each one of us. Do not think you are influenced by only one sun sign in which you are born. That may be the dominant one but others also influence you.

You can know the Divine aspect of the sun sign you are born into and try to develop that aspect. If Divine aspect of one sun sign is developed, then we are attracted towards other Divine qualities as well.

In Virgo, we have a problem with the mind. The mind can be brought into control only by the spirit and not by matter. A mind attracted to the spirit transforms gradually. If the mind is shown matter, it gets attracted to that. That attraction is natural for the mind. By the touch of spirit, the mind is pulled into a higher state. We are naturally spiritual but in us, mostly, the matter dominates spirit and that is why the mind is more oriented towards the matter. That is why we need a Master who is more oriented toward the spirit than matter. Such ones see the play of spirit in matter. He can see the strength of the spirit in a place.

So the mind is to be oriented towards the spirit through effort. But as it is not possible through one's effort, we need the help of a Master. A Master sees the light or consciousness in the other person and not the form. Such a vision is Spiritual. The light expresses through the eyes. We say "May the light in me be the light before me." How can we see the light in others? It is possible by seeing their eyes. Our mind should be trained to see that light always. Such a mind is called "kanyakumari". The light in us increases as we are oriented more and more towards the spirit.

We have the full moon of Virgo coming up. In this year and month, the moon comes very close to the earth and hence we can see the full moon in a much large dimension. The moon comes this closer to earth again only after 333 years. We see the full moon because the moon is highly oriented towards the sun on this day. The moon has no light of its own. Its light comes from the sun. So if your mind (moon) is highly oriented towards the light (sun), it shines forth like full moon. That is what is to be practiced in Virgo. The mind should be trained to orient towards the

light. Do not be interested in the negative aspects of others but just see the light aspect in them. Do not form opinions on others. Let your mind be free from opinions.

In the story of Krishna, we have Subhadra, sister of Krishna, who represents the mind aspect. Then we have Balarama, brother of Krishna, who represents the ego aspect. The mind and ego are the ones who cause us problems. Here in the story, they are in the association of Krishna and hence they shined forth. Our mind and ego do not cause problems to us if we remain in Divine alignment. The mind then becomes a mirror. A pure mind is like a clear mirror. It has the insight to see many things which are invisible to the normal eye. The light of the soul reflects through such a mind.

So the mind should be trained to see the light. We should try to see the light in everything around. Parikshit was such a one and that is why he got the name. He was always trying to see the light from childhood. So our mind should also be oriented towards the light. If there is no such orientation, then there is the danger of the mind getting attracted by matter. There is that danger in this month. That is why we are given the worship of Ganapati as Vinayaka on the 4th moon phase of this month. That is why we celebrate Vinayaka Chaviti. So we need to be very careful in this month so that the mind does not run into objectivity. We are given the worship of Ganapati so that we are lifted up into subjectivity.

So we need to walk into the path of light. A true Master is an embodiment of light. By following his instructions, we can enter into the path of light. We need to be oriented towards the light as much as possible. Arjuna could do wonders in the war as long as he was oriented towards Krishna. At times, when he lost that orientation, he did some mistakes in the war. Yudhistira was ever oriented towards the Lord and as result he was ever protected. On one of the days of war, Dronacharya promises Duryodhana that he would capture Yudhistira. So on that day in the war, he diverts Arjuna to go far away from Yudhistira. Krishna even advises Arjuna that he should not get diverted and protecting Yudhistira is his responsibility. But Arjuna does not listen. With Arjuna diverted, Dronacharya defeated everyone else who came in the way and reaches Yudhistira. He could have captured Yudhistira but his inner self did not agree. It is because Yudhistira is an embodiment of dharma and the dharma in Dronacharya did not allow him to capture Yudhistira. That is how Yudhistira is protected by his complete orientation towards the Lord and dharma (eternal law). So he needs no protection from anyone. He stuck to dharma at all times and that is his courage.

Even on the last day of war, Yudhistira offers Duryodhana that he could fight a duel with any one of the 5 brothers using any weapon he wanted and if he wins, he could take the whole kingdom. No one except Bheema could defeat Duryodhana in his weapon of expertise. That shows the courage of Yudhistira. He knows that dharma has to win irrespective of who fights. And Duryodhana chooses to fight with Bheema only.

We need to surrender to the Divine and work in this world. Then gradually Divine will start acting through us as our will. When we work in such a manner, we are not stuck in the consequences of the work. Otherwise we are bound by all our activities. The binding is due to our nature. If your nature is matter oriented, it binds us in matter. If you have too many attachments towards the people around you, you are stuck in the related emotions. Emotions are like muddy water. We cannot leave them and they will not leave us so easily. Then there is the competitive feeling and jealousy which cause fire in us. It is like sitting on a fire. Then there is wandering mind which is like the air. A wandering mind has no purpose in life. People with wandering minds do not have a direction in life. So there are negative aspects relating to these 4 elements of nature.

Then there is 5th one called Space which represents purity and expansion. It is the one which gives us purity. It leads us into unlimitedness. The mind should become like space. Then thoughts from higher planes descend into our mind.

So you are advised to remain in the space and observe everything and come down only when there is something to be done. A mind cannot normally remain in that state unless it is oriented towards the Lord or Master. Winning over the mind is called Vijaya. One who reaches that state is called Nara. Nara means immortal being while man in mind oriented and mortal being. Man becoming Nara is the purpose of life.

If the mind is pure, then such a one has no problems in life. Mind is the 6th principle in us after the 5 elements. This month of Virgo is the 6th month. The 6th chapter of Bhagawadgita speaks on how the mind can orient towards the light. The 6th step of Yoga is called Dharana which is to see the light in Ajna centre. Ajna centre is also the 6th energy centre in our body. So that is how number 6 can be related to the mind.

The ones whose mind is oriented towards the light are called residents of the White Island. That is a symbolic understanding.

So the practice to be done is to remain in complete surrender to the Master who we follow. Our mind and intelligence should be submitted to him. If we lead our life in such a manner, then our consciousness slowly enters the planes of light.

So in this morning discourse, we tried to understand the nature of Virgo and how the mind can become a virgin mind. All the devotees we know are ones with such a virgin mind. They see the Divine in the form of light in everyone and everything around them. We should also try to do the same. To say in one sentence, we should all become sons of Virgin. That is the summary of this discourse.

-Swasthi